

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025

Wales National Pool, Swansea

Results - Session 4 - Warm Up 08:00 - 08:50

Event 407 Men 72-99 200 LC Meter Freestyle Relay

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1)	Luke Hoey M23	2)	Max Adams M21
3)	Luke Adams M23	4)	Ryan Sanders M23
	24.97	24.48	26.49 24.80

Event 407 Men 120-159 200 LC Meter Freestyle Relay

1	Cardiff Mast	A	1:37.06
1)	Patryk Poniatowski M35	2)	Daniel Clements M45
3)	Oliver Harris M35	4)	Oliver Lines M27
	24.65	24.08	54.38
2	Cardiff Mast	B	1:46.16
1)	Joseph Gage M30	2)	Callum Morris M30
3)	James Flanigan M30	4)	Geraint Meek M31
	26.58	27.10	26.31 26.17
3	Swansea Mast	A	1:51.65
1)	Tomos Edwards M34	2)	Matthew Dickinson M29
3)	Mark Williams M36	4)	Lloyd Rosewell M40
	28.36	28.32	26.98 27.99

Event 407 Men 160-199 200 LC Meter Freestyle Relay

1	Cardiff Mast	C	1:55.68
1)	Michael Palmer M38	2)	Athanasios Galanis M34
3)	Adrian Morris M63	4)	Courtney Mattocks M31
	28.45	29.79	57.44
2	Swansea Mast	B	1:58.32
1)	Jacob Howell M28	2)	Stuart Gray M40
3)	Stephen Croall M53	4)	Ned Gill M45
	29.13	30.01	28.94 30.24

Event 407 Men 200-239 200 LC Meter Freestyle Relay

1	Woking	A	1:46.16
1)	Dean Blackman M50	2)	David Bryant M64
3)	Mark Tuddenham M28	4)	Michael Hodgson M58
	26.83	28.45	25.33 25.55

Event 407 Men 240-279 200 LC Meter Freestyle Relay

1	Crawley	A	1:55.38
1)	Alan Parkins M65	2)	Mark Robertson M63
3)	Nigel McDonald M61	4)	Ade Belcham M58
	30.51	27.73	30.30 26.84